# International Student Newsletter - April 2017







#### ONE WORLD GALA

WHAT A NIGHT! 16<sup>th</sup> March saw Bangor University celebrate diversity and talent amongst its students, staff and the local community, with the annual event called the One World Gala. The programme comprised of twenty acts and over 400 audience members turned out to watch the performances at PJ Hall! From Tongan song to Ghanaian drumming, Welsh folk singing to Japanese martial arts, there were acts representing many corners of the Globe. We couldn't have enjoyed it more!

The University's International Student Support Office has been organising the One World Gala for a decade, and during this time it has become one of Bangor's main student integration events. There are over 1,500 international students at the University, and the project has grown a lot in recent years. The programme now includes acts from the local community, as well as University students and staff.

Just like last time, One World Gala was raised money for Wamumbi Orphan Care Foundation, a small charity set up by Genevieve Lamond, a staff member at the University. The foundation operates in Kenya providing outreach services for orphaned children and their guardians. A total of £409.35 was raised through donations and charity sales. The audience got the opportunity to see and hear a traditional Chinese instrument performance, a showcase of Afro-Caribbean dance and poetry, an Opera act in Mandarin, and many other exciting and unusual performances! No matter where you come from, who you are or the colour of your skin, we were ONE WORLD that night and this is how EVERY DAY SHOULD BE. # UNITY IN DIVERSITY.



HOW TO CONTACT THE INTERNATIONAL STUDENT SUPPORT TEAM:

Website: www.bangor.ac.uk/international/support

Email: internationalsupport@bangor.ac.uk Telephone: 01248 382882

www.facebook.com/BangorUniversityInternational www.instagram.com/bangorinternational

**#Bangorinternational** 



#### Internationals GO GREEN 💆



45 international Bangor University students got together last Saturday, on 25th of March to volunteer on a Beach Clean organised by the International Student Support Office in collaboration with the North Wales Wildlife Trust.

Students from all over the World travelled to Newborough Beach and picked all sorts of rubbish found on the beach and sand dunes, from shoes to plastic bags and cotton ear buds. They covered 200m of coastline, from the dunes right down to the sea, and contributed to the Marine Conservation Society's (MCS) Beachwatch Litter Survey by logging all the items found. With all the data collected, MCS will create an annual report on litter, with data from beaches around the globe that will help implement future environmental policies.

As well as volunteering for a cleaner Planet, Bangor University international students got the chance to collaborate with a local organisation and work to help the local community to get a cleaner environment. Thanks to Dawn Thomas, from the North Wales Wildlife Trust, the students learned a lot about marine biology, and the importance of environmental protection; they also got some tips on how to reduce our impact on the

environment and wildlife by simply modifying some of our daily life routines and behaviours.

It was a truly FANTASTIC day! Diolch yn fawr pawb/ Thank you very much to you all for your enthusiasm and commitment to the Environment!

THINK GLOBAL
ACT LOCAL





# International Ambassadors' Column - Dominic Wodehouse, UK

"What does 'naff' mean?", "Why are you Brits obsessed with pubs?" and "why do your football supporters sing about pies?" How else to explain these quintessentially British mysteries to fellow International Student Ambassadors (ISA) and foreign students but by having a British ISA? However, British by origin but not by location as I've lived in Thailand for seven years, as well as Ukraine, Indonesia, Philippines and France, which amongst other things has made me very sympathetic to being a foreign student at Bangor and provided an understanding of how difficult life can be in the UK.

Happily, the international travel has not stopped with the move to Bangor University. The PhD fieldwork, looking at community mangrove management and restoration, involved three years in Thailand and the Philippines, taking so long for two reasons. As a part-time student, I volunteer and occasionally teach for Mangrove Action Project (MAP), an NGO. In January I ran a workshop for MAP in Sittwe, Myanmar, teaching local officials, NGOs staff and villagers about mangrove ecology and restoration. My other role is

as support for the International Office, helping recruitment by visiting schools and universities during these travels to promote Bangor University and encourage collaboration.

This time I visited Yangon University's Geography Department (in the pictures).

And what baffling British curiosities did they want to discuss? Britain's bumbling Brexit from the most successful trading block since the Roman empire."

More details about Dominic and how to contact the rest of the Ambassadors at:

<u>www.bangor.ac.uk/international/studentprofiles/</u>





#### International Ambassador Contributes to Historic VARSITY Win

"Coming to a new place (Bangor) was not easy, after spending 5 year in Newcastle, but I am glad I made this decision. University was very helpful, helping without asking in nearly everything. There were peer guides, ambassadors, volunteers and university staff who always provided support whenever needed and for whatever needed, whether it's educational issues or personal issues. After my first year I also decided to join the university International Ambassadors team and started taking part as an ambassador, peer guide and volunteer, so that I can provide support to those who need it same like me when I was new at this university. Besides all these, the university has more than 200 societies and clubs which are free of cost to join: you can play or develop some new sports/language skills, which you may have always wanted to do but never got the time or opportunity.

Once a year Bangor University's sports clubs play all sports against their rival University Aberystwyth in a competition called Varsity. After last year's successful

event at home, Bangor visited Aberystwyth this year, competing in 40 different sports. Wherever you look, you will find students in different sports kits and gears, ready to represent their university, trying to make their names, putting full efforts to win it for their university. Stunning victories from across the Athletic Union were witnessed in the Aberystwyth sunshine, with Bangor winning the trophy by 26-14. As being part of the Varsity, I and my team (pictured right) will never forget this historic away-win for Bangor as it happened for the first time in the history of the tournament that the Trophy was won by an away team" Syed Kaleem Aslam, Pakistan.

More details about Syed and how to contact the rest of the Ambassadors at: <a href="https://www.bangor.ac.uk/international/">www.bangor.ac.uk/international/</a>



# CYN I CHI ADAEL AM Y PASG BEFORE YOU LEAVE FOR EASTER

- Gwiriwch Clowch
- Gadewch



- Check it
- . Lock it
- Leave it



Swyddfa Tai Myfyrwyr / Student Housing Office www.bangorstudentpad.co.uk

## Study Skills Centre - Workshops

"We offer 1–2-1 appointments, workshops, and Maths and Stats support.

To arrange an appointment for 1-2-1 Writing appointments or for Maths and Stats support visit our website.

Why not attend one of our free, interactive workshops aimed at helping you write your dissertation this semester? <u>Visit our website to reserve your place</u>."

#### **WORKSHOPS**





For further information or advice:

Website: www.bangor.ac.uk/studyskills

Email: Studyskills@bangor.ac.uk

Telephone: 01248 38 2689

Or Facebook and Twitter.

29/3/17	Defining your Topic	
1:30pm – 3:30pm		
26/4/17	Planning your Dissertation	
1:30pm - 3:30pm		
3/5/17	Reviewing the Literature	
1:30pm - 3:30pm		
10/5/17	Research Proposals	
1:30pm - 3:30pm		
17/5/17	Writing Abstracts	
1:30pm - 3:30pm		
24/5/17	Writing Introductions	
1:30pm - 3:30pm		
31/5/17	Finding Answers to your Research	
1:30pm - 3:30pm	Questions	
7/6/17	Mapping your dissertation	
1:30pm - 3:30pm		

### Final Year Students: Check your HEAR and BEA!

#### Check your My HEAR page before 15th May!

When they graduate, undergraduate students will receive a HEAR report from the University that itemises their achievements, both academic and extracurricular. You can check which extracurricular achievements will appear on your personal HEAR by logging onto the My HEAR page on My Employability Hub on My Bangor.



- All activities must be logged via My Employability Hub by 5pm, 15th May 2017.
- To request to remove or edit information from the My HEAR page, please email employability@bangor.ac.uk before 5pm, 15th May 2017

HEAR eligibility: All undergraduate students excluding the School of Healthcare Sciences.

#### **Completing the Bangor Employability Award (BEA)**

If you'd like to complete the BEA this year, please let us know by filling out this short online form as soon as possible: <a href="https://my.bangor.ac.uk/employability/finalists/">https://my.bangor.ac.uk/employability/finalists/</a>

The deadline to complete the BEA will be 5pm, 15<sup>th</sup> May, 2017.

#### Help & Support

Help and support in using My Employability Hub and logging activities for the HEAR and BEA is available during your school employability sessions, during information sessions (found on the <a href="https://example.com/Hub events-page">Hub events-page</a>), and by emailing <a href="https://employability@bangor.ac.uk">employability@bangor.ac.uk</a>.

### **Careers & Employability Services**

The Careers & Employability Service (CES) offers a range of services, activities and events to support all students in developing personal and employability skills. Attendance at events counts towards your Employability Account. Here are some events that may interest international students, but to view more of our CES events, please visit: <a href="https://my.bangor.ac.uk/employability/events/">https://my.bangor.ac.uk/employability/events/</a>



Tue; 25/04	12:00-13:00	Job search in the UK for international students	Alun Ao.o1
Tue; 25/04	13:00-14:00	Working in the UK for international students (IEC)	Alun Ao.o1
Wed 26/04	12:00-13:00	International students — Improve your CV	Hen Goleg 1.12
Wed 26/04	13:00-14:00	International students — Interview skills	Hen Goleg 1.12
Wed 03/05	14:00-15:00	Making the most of Careers Fairs	Alun A2.01

# Graduate Recruitment Fair 2017 in Manchester - May 4<sup>th</sup>

Manchester University Graduate Careers Fair

The Careers & Employability Service at Bangor University is organising a coach to the **Graduate Recruitment**Fair 2017 in Manchester on May 4<sup>th</sup>

Manchester University is holding one of the largest graduate recruitment Fairs in the UK, with around 140 exhibitors offering thousands of opportunities. Exhibitors include Abercrombie and Fitch, Aldi, Atos, Dyson, IBM, Games Workshop, Meltwater, Majestic Wine Warehouse, Teach First, RSM and many many more.

Tickets for the bus are £10 per person and can be purchased through the Online Shop here: http://bit.ly/2mZbpj1

To register for the event please visit

Thurs 04/05

www.careers.manchester.ac.uk/ events/gradfair/

Entry to the fair is **FREE**.

If you have any questions please contact The Careers
Team at <a href="mailto:careers@bangor.ac.uk">careers@bangor.ac.uk</a>
or call 01248 382071





THURSDAY 4 MAY 2017

Coming soon - one of the UK's largest graduate recruitment events. Over 140 exhibitors, thousands of graduate opportunities.

manchester.ac.uk/gradfair

### Bangor International Students' Society—BISS

"You've probably heard of us by now - we are the society dedicated to strengthening the international community and representing it to the Students' Union. When we began this academic year, we were a new society still getting on its feet and looking to provide regular activities for our members, collaborate with other societies on events, and increase awareness of the presence of international students in the general student body.

Now, halfway through the second semester, it is our pleasure to announce that we have achieved more than we had hoped for:

- We have succeeded in holding a wide range of weekly activities every Monday for more than the past six months.
- The society is increasingly recognised as a representative for the university's international students.
- We have been granted multiple opportunities to expand and showcase the diversity and talents of our members, from monthly cooking sessions to intercultural quiz nights to hosting an International Food Festival as part of the Students' Union's Women's History Month. Additionally, we have also established close ties with the Language Society, and hope to collaborate further with them in the years to come.

In short, we have been working very hard lately and look forward to the Easter break! When we return, however, it will be time for our Annual General Meeting (AGM) on Saturday, 29th April. There, we will be announcing developments and our plans for the future, ratifying our Constitution, and holding elections for committee positions for next academic year.

As always, we need you to get involved with us. The more international students participate in our society, the more we can achieve - and a good committee with

active members next year is essential if we are to continue working to build this society into the international student organisation that our university and community deserves.

If you would like more information on our society, our activities and/or our AGM, do email <u>BISS@undebbangor.com</u> or check out our <u>Facebook group</u>.

You've heard of us, now we hope to hear from you!"

Muhammad Firdaus BISS President



## Sustainability Lab - Welsh Fruit Trees Success for Bangor Goes international

"Despite the rain, a hugely enthusiastic team of students volunteered to plant dozens of Welsh variety fruit trees in and around campus. Supported by The Sustainability Lab, the Woodland Trust, Undeb Bangor and with grant funding from NUS, and fuelled by tea and cake, the student team made new homes for 40 sturdy young trees planted at 8 locations on the Ffriddoedd site.

After the success of Bangor's Welsh fruit tree planting, Bangor's sustainability sister in Uganda, Makerere University, plans to match Bangor tree for tree. This work is part of the <u>exciting and ever growing partnership</u> between Bangor's Sustainability Lab, Student Sustainability Action Group and Undeb Bangor and Makerere's



Sustainability Programme to foster sustainable thinking for current and future generations across the globe.

The Group welcomes new projects and would love to hear about your ideas to create a better and more sustainable Bangor. If you have any ideas or would like to find out more about what the group does or about volunteering, <a href="mailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:emailto:

#### **SUMMER BALL!**



STIWDIO FFOTOGRAFFYDD AR GYFER EICH COFRODD

STUDIO PHOTOGRAPHER FOR YOUR GLAM KEEPSAKE

GYDA PEIDIAU YN CYNNWYS OLWYN FAWE

FUNFAIR FREE TILL 1:00AM
WITH RIDES INCLUDING FERRIS WHEEL

THEGANAU HWYL\* RHEDEG BYNJI | RODEO CASTELL BOWNSIO | SIWTIAU SUMO | PHEIRIANT SYRFFIO!

INFLATABLE FUN \* BUNGEE RUN | RODEO
BOUNCY CASTLE | SUMO SUITS | SURF SIMULATOR! \*12-5PM

'LLUN O'R GOROESWYR' 'SURVIVORS PHOTO' @ 5AM BRECWAST SIAMPEN CHAMPAGNE BREAKFAST @ BAR UNG

SADWRN

AMSER Y DIGWYDDIAD 12-5PM GYDA DJS

9PM-5AM NOSON

**27.05.17** 

SATURDAY
EVENT TIMES
12-5PM WITH DJS
12-5PM WI

### Welsh History Tour

#### 22nd April - £10 - Ticket; from our reception

Join us on a day packed with Welsh history and culture as we visit Caernarfon Castle, the Llanberis Slate Museum and Penrhyn Castle! Don't think twice and get your tickets soon before we sell out again! #discovercymru #welshadventures #castles #greenlands #sheep #awesomeness







## **ELCOS - Language Improvement**

"This semester we have students 📷 from all over the world for our regular classes. On Tuesday mornings we have and IELTS preparation class which is open to anyone. This is a great chance



for BU students to prepare for IELTS by focussing on one skill per week. It is also great for our ELI students to see some new faces! Students from Bangor Business School joined us this week to practice their speaking skills."

What students are saying about the course:

"Before I arrived here I couldn't speak English because I was shy. But now I am more confident and not afraid of making mistakes."-**Ibrahim** 

"Here is a small class to ensure that every student can participate in the classroom. We are less than 10 students. My classmates are from Saudi Arabia and Libya. I come from China." - YiCai

If you are interested in the course, have a look at: http://elcos.bangor.ac.uk/general.php

#### Fancy a Trip to CARDIFF? Join us and Discover the Capital of Wales



Join us and our legendary local guides on this 3-day adventure direct from uni to the Welsh capital on 3rd-5th April 2017!

Hit the highlights of one of the most important cities in Wales for sightseeing, history & culture. Get up close to an ancient fort and ultra-modern architecture, discover the seat of Welsh power, and follow in the footsteps of the Doctor Who. Get tickets today from www.dontbeatourist.co.uk/trip/show/379

#### What's Included?



- Awesome Trip Leader get tips & ideas from your friendly, experienced guide, 24/7.
- All transport travel comfortably by private modern air-con / heated coach.
- 2 nights accommodation multi-share (4-12 bed), Cardiff's top 2 hostels!
- 3 meals 2 x continental breakfast, 1 x twocourse Cardiff Group Dinner
- Sightseeing / orientation of all destinations
- Plenty of free time explore more
- University pick-up / drop-off hop on direct from uni.
- All local taxes / tips / service charges no hidden extras

